

# take always

**“Peace I leave with you;  
my peace I give to you.”  
— John 14:27**



## a daily practice for PEACE



- *Begin your day with a minute of silence before God.*
- *Breathe in His presence and invite His peace to dwell in your heart.*
- *Offer a kind word to someone who needs encouragement.*
- *Let your gentleness reflect the peace of Christ within you.*
- *End the day by thanking God for one moment of peace you noticed.*

*Every quiet grace is a reminder that He walks with you. Let the children around you remind you to slow down, smile, and be present. Through their laughter, wonder, and trust, they reveal the heart of God's Kingdom.*

***May the peace of Christ guard your hearts and guide your steps today and always. Amen.***

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