

Little People Big Emotions



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Opening Prayer

- **Teacher's Prayer**
Heavenly Father, thank you for listening to and answering my prayers. Your Word instructs us to start children on a path with a strong foundation, so when they are older, they will not stray or turn from it. In my role as a teacher, please help me to work hard for the good of my students, treating each of them with care, love and respect. Lord, bless me and keep me, make your face shine upon me. Turn your face towards me and give me peace.

In the name of the Father, the Son and the Holy Spirit, Amen.



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Objectives

- Examine and explore the children's emotions.
- Explore techniques and strategies to help us educate children about their emotions so they can name them to tame them.



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Does Your Classroom Sometimes Feel Like This?



(Kindergarten Cop, n.d.)

We Teach

“If a child doesn’t know how to read, *we teach.*

If a child doesn’t know how to swim, *we teach.*

If a child doesn’t know how to multiply, *we teach.*

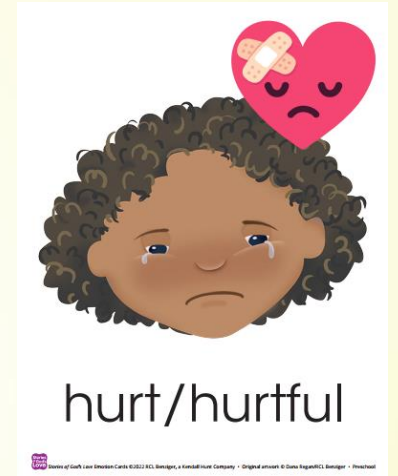
If a child doesn’t know how to drive, *we teach.*

If a child doesn’t know how to behave,

we.....teach?punish?

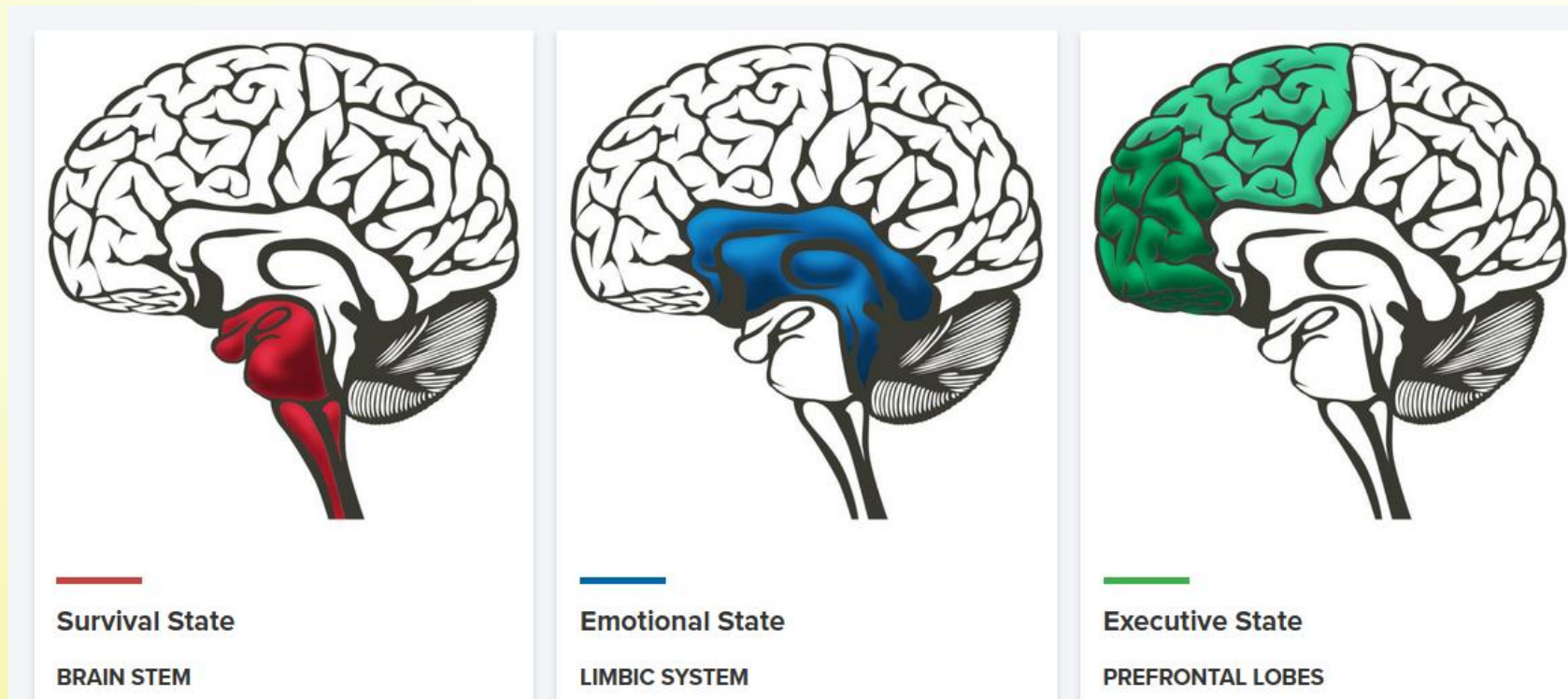
Why can’t we finish the last sentence as automatically as we do the others?”

Tom Hener (NASDE President) Counterpoint 1998, p.2



Backed Up by Brain Research: Conscious Discipline

Dr. Becky Bailey



(Bailey, n.d.)

<https://consciousdiscipline.com/>

Key Social Emotional Skills Children Need as They Enter School

- Confidence
- Capacity to develop good relationships with peers and adults
- Concentration and persistence on challenging tasks
- Ability to effectively communicate emotions
- Ability to listen to instructions and be attentive
- Ability to solve social problems

What do children do when they don't have each of these skills?



caring

The Goal of the Pyramid is to Promote Children's Success By:

- Creating an environment where EVERY child feels good about coming to school.
- Designing an environment that promotes child engagement.
- Focusing on teaching children what TO DO!
 - Teach expectations and routines.
 - Teach skills that children can use in place of challenging behaviors.



The Pyramid Model:

Promoting Social and Emotional Competence and Addressing Challenging Behavior

**Tertiary
Intervention:
Few Children**

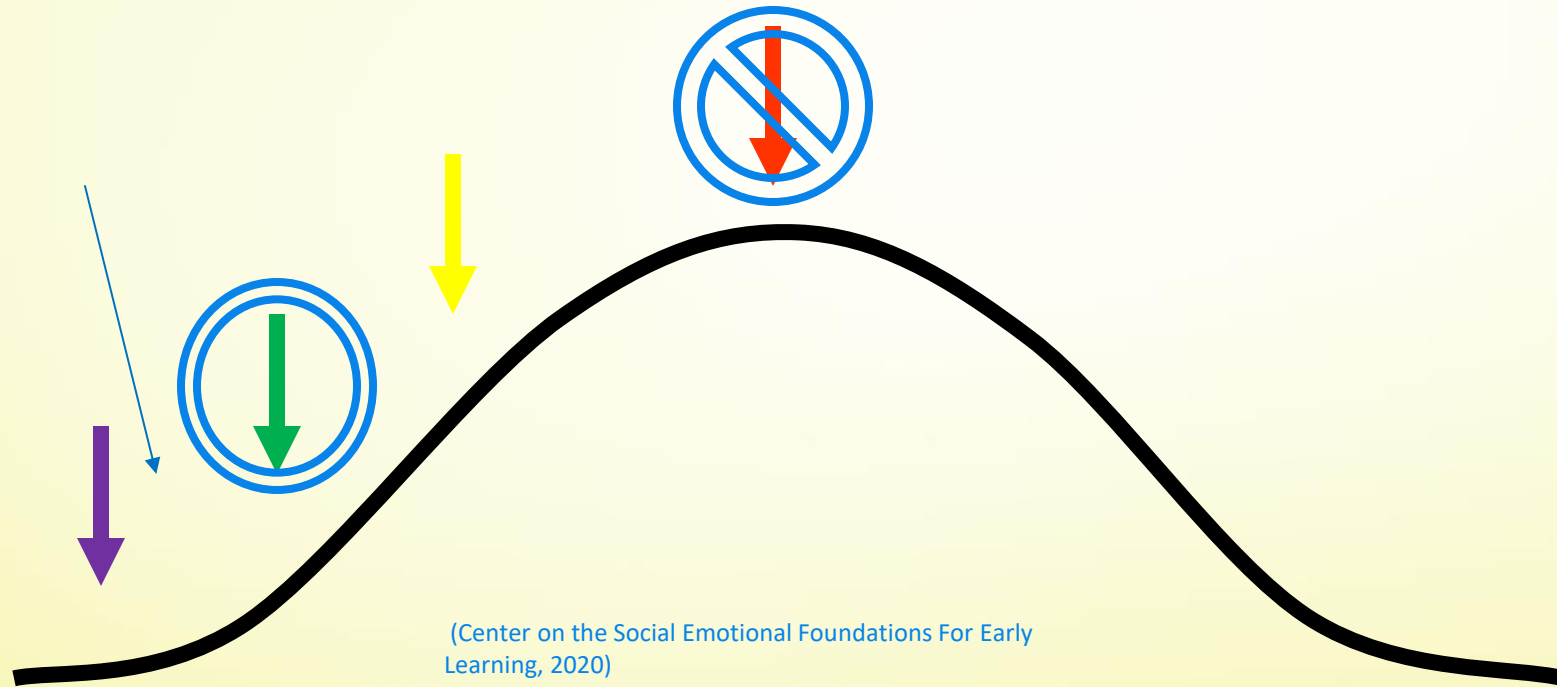
**Secondary
Prevention:
Some Children**

**Universal
Promotion:
All
Children**

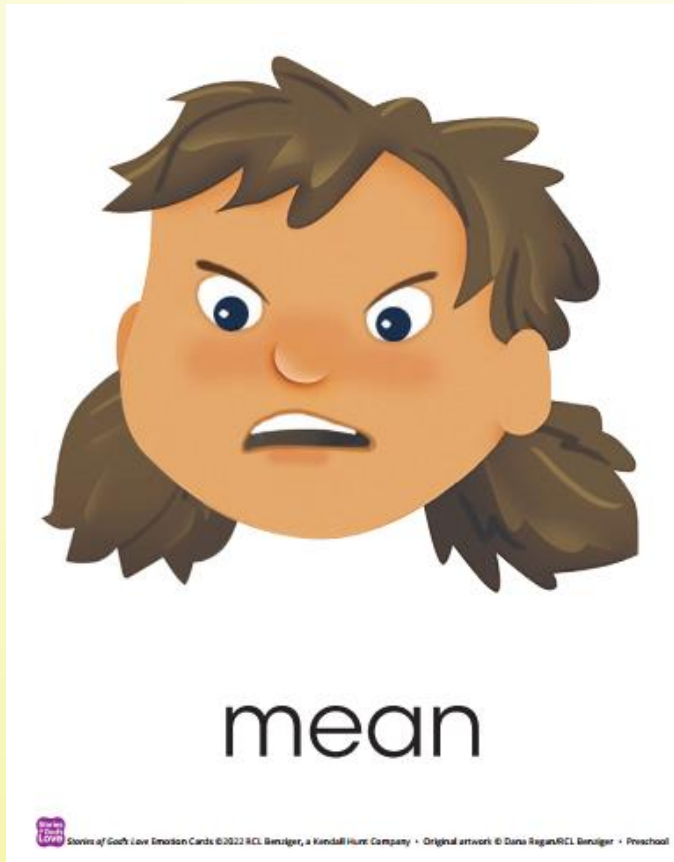


(Center on the Social Emotional Foundations For Early Learning, 2020)

Identifying Teachable Moments



We Must Teach Children to Name It Before They Can Tame It.



Name It



Tame It

Traditional Discipline Beliefs

It is possible to make others change.

When they do not do what we want we must coerce them.

When we fail to make someone obey, it's his or her fault.

If others would change (do as we say), we would be happy and peaceful.

Children must feel bad to learn how to behave better in the future.

Conflict is bad, disruptive and must be eliminated.

Fear is the best motivator.

Head Heart Connection

I am feeling.....



(Bailey D. B., 2015)


Controlling and changing ourselves is possible and has a profound impact on others.

Conflict is an opportunity to teach.

Connectedness governs behavior.

I can be.....





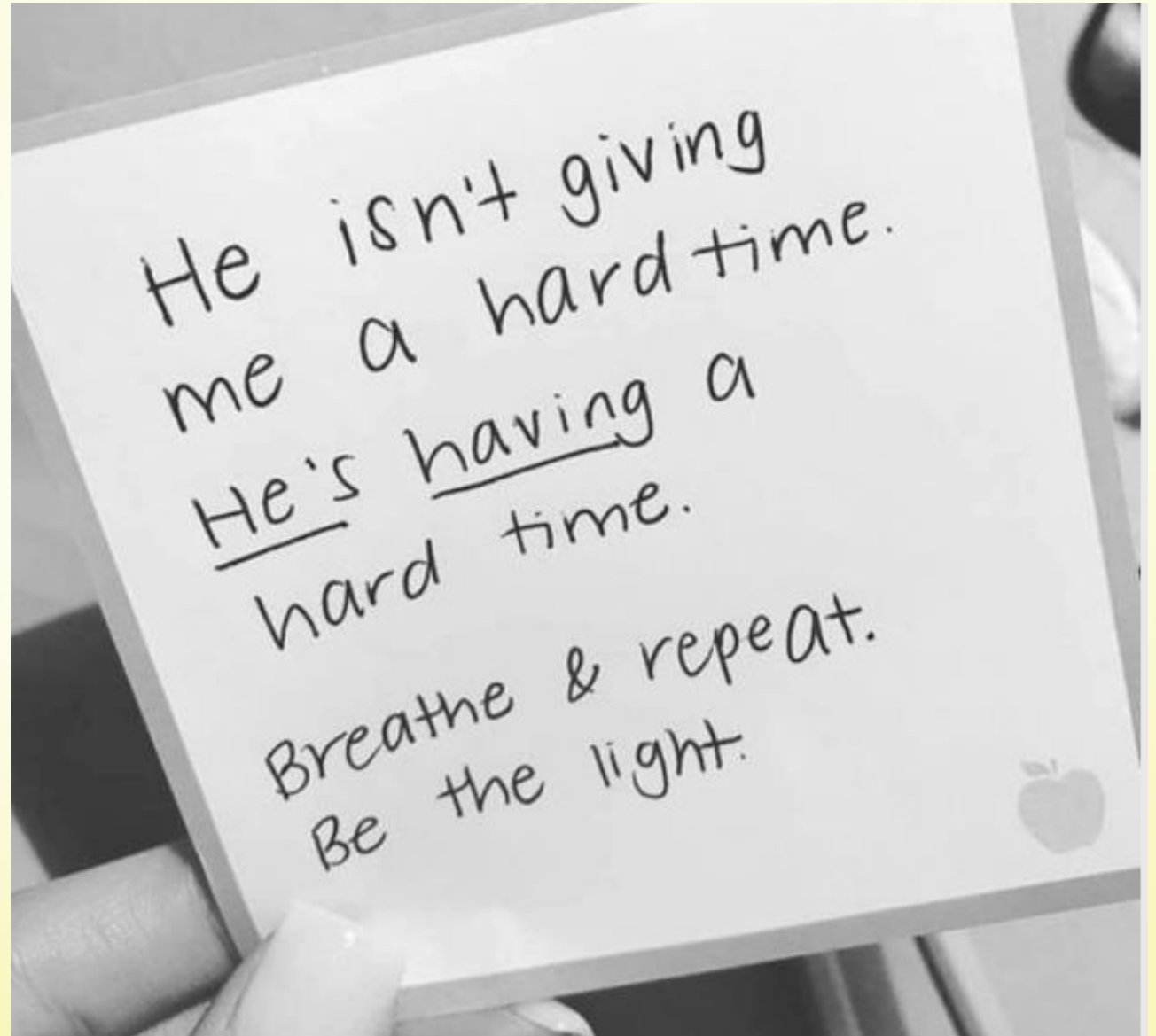
The Impact of the Teacher's View on the Child's Behavior

What if we understood that fidgeting is a sign that children need to MOVE while concentrating? Asking them to sit still only defeats the purpose, as they'll then use all their concentration to try to sit still.

#AskingWhatIf

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Keynotes & Consulting

The Impact of the Teacher's View on the Child's Behavior



The Impact of the Teacher's View on the Child's Behavior

"There is no such thing as a 'bad kid' – just angry, hurt, tired, scared, confused, impulsive ones expressing their feelings and needs the only way they know how. We owe it to every single one of them to always remember that."

—EDUCATOR JESSICA STEPHENS

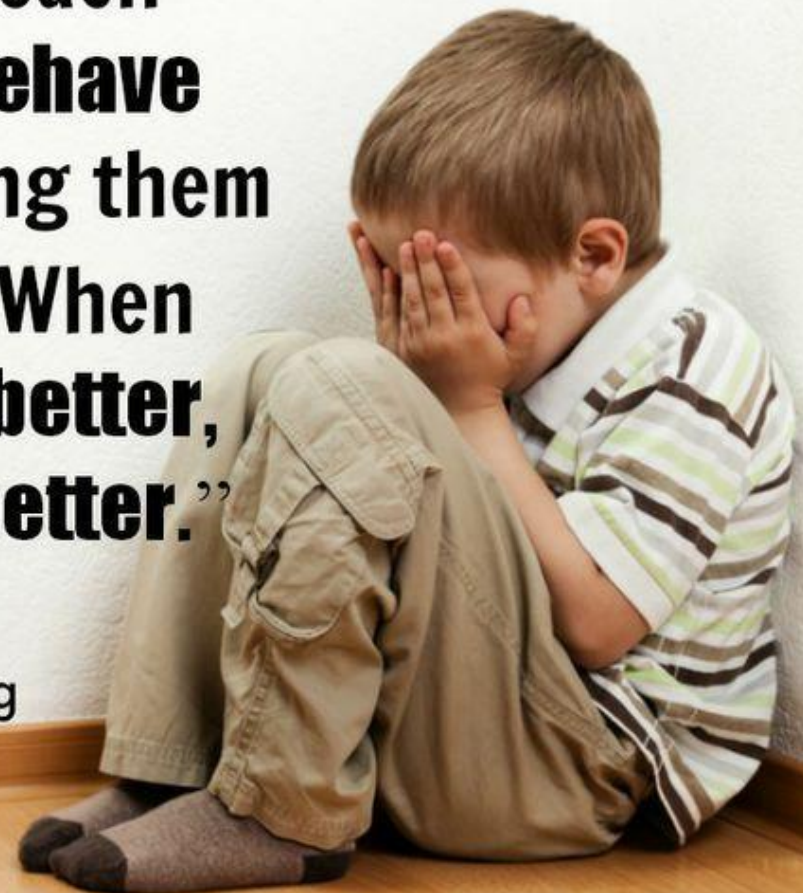
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The Impact of the Teacher's View on the Child's Behavior

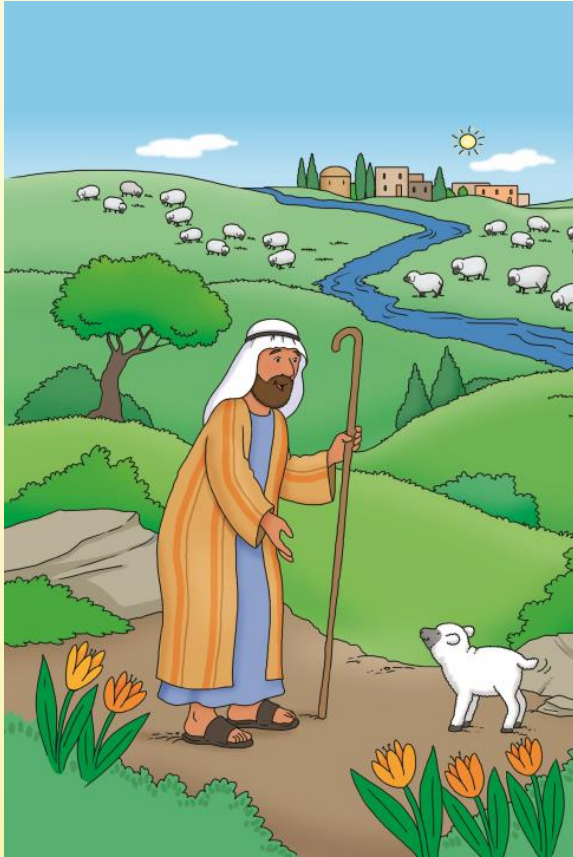
“You can't teach children to **behave better by making them feel **worse**. When children feel **better**, they **behave better**.”**

Pam Leo,
Connection Parenting



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We Help Children Learn How to Be Good Sheppard's of Their Emotions



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